On August 23, 2016 I went to the local medical clinic called Vida Sana Medical Group to complete my job shadow as part of my senior project. I was fortunate enough to job shadow my pediatrician Dr. Ana Rosa Celaya. I chose to go to my doctor’s office because she was someone that I already knew and was comfortable being around and whom I admired. I chose to go to Vida Sana because I knew it was the right place for me to complete my job shadow and gain insight into the medical field. I truly want to become a doctor in the near future although I don’t yet know what type of doctor I want to become, but I am leaning towards becoming a pediatrician because I love kids.

Before I left to the Vida Sana clinic I got dressed, ate a healthy breakfast, and prepared all the papers I would need to take with me to my job shadow. When I arrived I was ready and excited to finally observe someone who I hope to become in the near future. There were some complications with my job shadow because the manager I spoke with to set up my job shadow did not relay that information to the Pediatric clinic that I would be completing my job shadow with. But eventually the issue was resolved and I was finally able to begin my job shadow with Dr. Ana Rosa Celaya.

After I introduced myself the doctor and I went to her office and spoke for a few minutes about the medical field, and what type of doctor I want to become until patients began to arrive. As more and more patients began to arrive the doctor and I went to the first patient room. When we entered the room Dr. Celaya informed the patient of who I was and why I was going to be following her around, I then introduced myself to the patients. Then after the introductions, Dr. Celaya began to ask the patient their reason for coming to the doctor’s office today. As they explained, Dr. Celaya typed the information onto the computer that was in the room and asked questions and then examined the patient. As we continued seeing patients Dr. Celaya repeated this process with every patient that she and I visited.

I learned that this is exactly what I want to do with my life, and I couldn’t think of a better job than being able to help people get better and improve their lives every single day. What I really loved about this clinic and Dr. Celaya was that she wasn’t just a doctor to the patients, she was like a friend to each and every one of her patients because she made them comfortable and made conversation with them and at times spent a very long time speaking with the patient and their parents. I observed how she was with her patients and I can truly say that she cares about every single one of them. I really admired her for actually being a great doctor because I have had doctors in the past who weren’t really welcoming or approachable you could say.

In addition, I really like that in between patients I was able to speak with the doctor and ask her questions about her daily routine being a doctor and other questions about the medical field and how she became a doctor. During my job shadow experience I also learned that being a doctor is not just about diagnosing patients and treating them but there are also tons of paperwork that you have to fill out as a doctor on all the patients that you see. I really liked how welcoming and friendly Dr. Celaya was and also everyone else in the medical clinic.

When I began high school I was completely set on becoming a veterinarian my pathway was even agriculture, but as I entered my sophomore year I changed my mind and discovered that I really wanted to become a doctor. I had this feeling that this was what I’m meant to do and also personal reasons went along with my decision. I am still very much interested in becoming a doctor although it will be a long and arduous journey I know that I will be able to get through the long road ahead. I believe that this job shadow has only reinforced my choice to become a doctor because I think it is the best job in the world being able to help people every single day. Although many people say that you will most likely change your career choice as you get into college, I am certain that becoming a doctor is what I want to do for the rest of my life and I can’t wait till that day comes when I can finally say that I am a doctor.